

Sexual Rights + Responsibilities



You have the right to decide if you want to have any kind of sexual relationship. Many teens choose to wait. If you do choose to have a sexual relationship you have rights and responsibilities.

The first step is to understand consent:

- The definition of consent is to give permission for something to happen
- Consent is an agreement that is verbal, conscious and clear
- Consent is necessary before any type of sexual activity including kissing or touching - without consent it is sexual assault

The second step is to understand sexual assault and abuse:

- Sexual assault or abuse is if one person forces another person into any kind of sexual contact. Sexual assault is a crime
- When you say “No”, your partner should stop right away
- The best way to protect yourself from an unintended pregnancy or an STD is to abstain from a sexual relationship. For more information go to www.friendsfirst.org.
If you choose to have sex find out how to be safe
- **You always have the right to decide if you want to have a sexual relationship or say no**, even if you are in a relationship or have already had any type of sexual contact with this person

No means no. When your partner says no to any sexual suggestion or advance, you need to stop right away.

For more information on sexual rights and responsibilities visit:

www.standupspeakupalaska.org

Respect Yourself



www.standupspeakupalaska.org