

Promoting Respect

How you Can Promote Respect?

What does it actually mean to choose respect?

What do Alaskan teens say:

- Show respect when you talk and in how you treat others
- Know yourself and understand how you can really respect yourself
- Create positive change in your community
- Talk out difficult situations
- Learn skills to resolve conflicts without violence

How can you talk up Respect?

- Let others know that you are working to promote respect
- Take pledges of nonviolence in relationships and recruit friends and others
- Become a peer educator or start a peer education program
- Find programs on www.standupspeakupalaska.org to bring to your school or group
- Create fun activities with your friends to explore ideas and values around relationships
- Be a part of [Lead On!](#) and other youth leadership projects
- Find out about respect projects in Alaska
- Be a role model and mentor to younger kids

STAND UP
SPEAK UP
ALASKA

- Help your friends get connected. Let them know about www.standupspeakupalaska.org or share ideas on facebook!
- Stand up and speak up: let others know that violence and disrespect are never ok!

For more information on promoting respect visit:

www.standupspeakupalaska.org

Respect Yourself



www.standupspeakupalaska.org