Name:  Age:  Date:

**Feeling safe means:**
- I know that someone will take care of me.
- I know what is expected of me.
- I have an idea about what will probably happen next.
- I am not worried that I or someone else will get hurt.
- I don’t feel scared.
- I feel ok.

**I can tell a situation is unsafe because:**

**I can tell there might be violence and someone might get hurt because:**

**I can feel safe during these time by:**

- A safe place has more than one way out.
- A safe place does not have things that can used as weapons.

**I can go to these place to be safe:**
- In my home:

  **I can get out of the house this way if there is danger:**

  - In my neighborhood:

**Will I be responsible for helping any brothers or sisters if there is danger?**

___ Yes ___ No

If yes, what will I do?

**Will any brothers or sisters be responsible for helping me if there is danger?**

___ Yes ___ No

If yes, what should I do?
My family uses a code word if things are unsafe. The code word is:

It means:

I can call these safe people if I feel unsafe in my home:

1. ________________________ Phone: ________________ Knows Code Word? ______
2. ________________________ Phone: ________________ Knows Code Word? ______
3. ________________________ Phone: ________________ Knows Code Word? ______
4. ________________________ Phone: ________________ Knows Code Word? ______
5. ________________________ Phone: ________________ Knows Code Word? ______

The phones in my house are located here:

On the call I can say:

When I am afraid of getting hurt, I will call 911. Here’s what I will tell them:

☐ What is happening right now.

☐ My address: ________________________________

☐ My phone number: __________________________

☐ Then I will stay on the phone to answer questions.

I should NOT try to stop a fight because:

I can talk to these people when I am feeling sad or scared or angry:

REMEMBER:

➤ We all have the right to feel safe all the time.
➤ Others have the right to feel safe with us.
➤ We can talk about anything with someone we trust, no matter how awful or small.
➤ When adults fight, kids are not at fault.
➤ Kids should not try to stop fights between adults.

IT IS YOUR RIGHT TO BE SAFE!

Last Edited 8/2013