

# SAFV Volunteer and Community Training 2010

## Schedule July 6, 2010

		Hours
<b>Saturday, August 21</b>		
9 - 10am	Introduction Format of this training Introduction of participants SAFV's mission statement What SAFV does	1
Session 1 10 - 11am	History of Violence Against Women	1
Session 2 11am - noon	Dynamics of Domestic Violence What is DV? Violence continuum / lethality, Power & control wheel Myths and facts	1
Noon - 12:30pm	Break, lunch provided	
Session 2, cont.  12:30 - 3:30pm	Dynamics of Domestic Violence  What causes DV? Why do women stay? Why do men batter? Characteristics of a batterer	3
<b>Monday, August 23</b>		
Session 3 6 -8pm	Children and Domestic Violence Children in the shelter Effects of witnessing domestic violence on children	2
Session 4  8 - 9pm	Mandatory Reporting  Signs of abuse/neglect When and how to report	1
<b>Saturday, August 28</b>		
Session 5 9 - noon	Legal Advocacy Confidentiality, protective orders	3
Noon - 12:30pm	Break, lunch provided	
Session 6 12:30 - 2:30pm	Women's Advocacy What is advocacy? lethality assessments, safety plans, responding to crisis calls, suicide intervention, listening skills,	3
<b>Monday, August 30</b>		
Session 7 6 - 8pm	Cultural Competency Cultural considerations in providing services to Alaska native people	2
Session 8 8 - 9pm	DV in the rural communities <i>Rural outreach, safehouses, rural advocates, emergency transportation</i>	1

**Saturday, September 11**

Session 9 <i>9am - noon</i>	Sexual Assault Sexual Assault in Alaska, worldwide What is sexual assault? Sexual assault laws Responding to victims, SANE/SART	3
<i>Noon - 12:30pm</i>	Break, lunch provided	
Session 10 <i>12:30 - 1:30pm</i>	Role of Law Enforcement Mandatory Arrest	1
Session 11 <i>1:30 - 3:30pm</i>	Substance Abuse and DV The relationship between DV, the resulting trauma and substance use, abuse, and dependency	2

**Monday, September 13**

Session 12 <i>6 - 7pm</i>	Special Population Considerations	1
Session 13 <i>7 - 8pm</i>	Stress, Burnout, Self-Care Signs and symptoms, how to deal with stress Relaxation exercises	1
Session 14 <i>8 - 9pm</i>	Violence Prevention SAFV outreach activities	1

**Total** **27 hours**

**Required for Volunteer Advocates only****On-the-job Training**

Session 15	One on One with Advocates	15 Hours
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SAFV requests that two hours of the on-the-job training be completed within the first week of the training at any time that is convenient for the trainee.

**TOTAL TRAINING IS 42 HOURS.**

**No cost, healthy lunches and snacks will be provided by SAFV.  
Participants are asked to stay through lunch breaks.**

**Location:** Unitarian Fellowship Hall, 408 Marine St. Parking behind the building.

**Sign up:** Call 747-3370. Come to one session or to all.